

# Renew Oral & Facial Surgical Centre

## TMJ EVALUATION

### I. PERSONAL INFORMATION

Date \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Age \_\_\_\_\_ Occupation \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Insurance Carrier: Medical \_\_\_\_\_  
Dental \_\_\_\_\_

I was referred by \_\_\_\_\_

### II. HISTORY

A. The history of the problem is: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

B. Your present problem is: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

C. Was the first appearance of the problem associated with:

- \_\_\_\_\_ Trauma
- \_\_\_\_\_ Yawning
- \_\_\_\_\_ Dental Care
- \_\_\_\_\_ Stress/Tension

Please describe: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

D. Please list all other physicians, dentists, physical therapists, chiropractors, psychologists, etc. who have treated you for this problem. Please give approximate dates and the care received (for example: bite splints, medication, physical therapy, counseling, etc.).

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

E. Past medical history (please give approximate dates).

Illness \_\_\_\_\_  
Hospitalizations \_\_\_\_\_  
Operations \_\_\_\_\_  
Allergies \_\_\_\_\_  
List all medicines you are now taking \_\_\_\_\_  
\_\_\_\_\_

Do you have the following:    Arthritis                      Yes \_\_\_\_\_ No \_\_\_\_\_  
   Nervous stomach or ulcers    Yes \_\_\_\_\_ No \_\_\_\_\_  
   Low back pain                    Yes \_\_\_\_\_ No \_\_\_\_\_  
   Frequent oral ulcers            Yes \_\_\_\_\_ No \_\_\_\_\_

**III. SYMPTOMS**

Do you have:

A. Headaches    Yes \_\_\_\_\_ No \_\_\_\_\_

1. Where are they? \_\_\_\_\_

2. How long do they last? \_\_\_\_\_

3. How often do they occur? \_\_\_\_\_

4. Are the headaches associated with:

- \_\_\_\_\_ Nausea
- \_\_\_\_\_ Visual Changes
- \_\_\_\_\_ Confusion
- \_\_\_\_\_ Facial paralysis
- \_\_\_\_\_ Facial sweating/tearing
- \_\_\_\_\_ Burning

B. Neck or shoulder pain    Yes \_\_\_\_\_ No \_\_\_\_\_

1. Where is it? \_\_\_\_\_

2. How often does it occur? \_\_\_\_\_

C. Jaw Pain    Yes \_\_\_\_\_ No \_\_\_\_\_

1. Where is it? \_\_\_\_\_

2. How often does it occur? \_\_\_\_\_

3. What makes it better? \_\_\_\_\_

4. What makes it worse? \_\_\_\_\_

D. Ear Pain?    Yes \_\_\_\_\_ No \_\_\_\_\_

1. Where is it? \_\_\_\_\_

2. How often does it occur? \_\_\_\_\_

3. Do you have:

- a. Ringing in your ears? Yes \_\_\_\_\_ No \_\_\_\_\_  
Which side? \_\_\_\_\_  
How often? \_\_\_\_\_
- b. Hearing difficulty? Yes \_\_\_\_\_ No \_\_\_\_\_  
Which side? \_\_\_\_\_  
How often? \_\_\_\_\_
- c. Itching of the ears? Yes \_\_\_\_\_ No \_\_\_\_\_  
Which side? \_\_\_\_\_  
How often? \_\_\_\_\_
- d. Clogged/stuffy sensation in the ears? Yes \_\_\_\_\_ No \_\_\_\_\_  
Which side? \_\_\_\_\_  
How often? \_\_\_\_\_
- e. Dizziness? Yes \_\_\_\_\_ No \_\_\_\_\_  
Which side? \_\_\_\_\_  
How often? \_\_\_\_\_
- f. Drainage? Yes \_\_\_\_\_ No \_\_\_\_\_  
Which side? \_\_\_\_\_  
How often? \_\_\_\_\_

- E. Do your jaws make noise? Yes \_\_\_\_\_ No \_\_\_\_\_
- 1. Which side? \_\_\_\_\_
  - 2. How often? \_\_\_\_\_
  - 3. What makes it better? \_\_\_\_\_
  - 4. What makes it worse? \_\_\_\_\_
  - 5. When did you first notice these jaw sounds? \_\_\_\_\_
  - 6. Has the noise changed its character? \_\_\_\_\_

- F. Have your jaws ever locked so that you could not:
- Open? Yes \_\_\_\_\_ No \_\_\_\_\_  
Close? Yes \_\_\_\_\_ No \_\_\_\_\_
- How often does this occur? \_\_\_\_\_
- Has this frequency increased recently? \_\_\_\_\_
- How do you correct the locking? \_\_\_\_\_

- G. Do you clench or grind your teeth:  
At night? Yes \_\_\_\_\_ No \_\_\_\_\_  
During the Day? Yes \_\_\_\_\_ No \_\_\_\_\_

H. What will make your symptoms better? \_\_\_\_\_

What will make your symptoms worse? \_\_\_\_\_

I. Are your symptoms worse in the morning or are they worse later in the day? \_\_\_\_

J. Are your jaws sore or stiff in the morning? Yes \_\_\_\_\_ No \_\_\_\_\_

K. Do you have sore or sensitive teeth? Yes \_\_\_\_\_ No \_\_\_\_\_

L. Do you have trouble getting to sleep? Yes \_\_\_\_\_ No \_\_\_\_\_

M. Do you sleep well? Yes \_\_\_\_\_ No \_\_\_\_\_

N. Do you dream? Yes \_\_\_\_\_ No \_\_\_\_\_

O. Do you consider yourself a tense person? Yes \_\_\_\_\_ No \_\_\_\_\_

P. Has your life been more stressful recently? Yes \_\_\_\_\_ No \_\_\_\_\_

Q. Are you presently seeing a psychologist/psychiatrist? Yes \_\_\_\_\_ No \_\_\_\_\_

R. On the scale of 1-10 below mark where your pain falls at each of the following times:

Most of the time – mark with a line (/)

At its worst – mark with a circle (o)

At its best or least – mark with an (x)



1 2 3 4 5 6 7 8 9 10

S. The pain is having this effect on my life:



1 2 3 4 5 6 7 8 9 10

T. On the figures below, please circle where your pain is:

